

MONTHLY BOARD MEETING MINUTES

December 12, 2016

Mental Health Board

Members in Attendance

Bartley, David
Bond, Yvonne
Cataldo, Lisa
Holmes, Jim
McLennan, Geoff
Stanners, Sharon
Thickens, Theresa
Wierenga, Dianne

Staff and Guests

Abrahamson, Twylla	Jones, Janna
Allinger, Tony	Ferry, Katherine
Bauman, Maureen	Madsen, Elizabeth
Budge, Curtis	Osborne, Marie
Copple, Katrina	
Denton, Kathie	

Absent Members

Behrens, Sharon
Filla, Stacci

Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – *Read into the minutes*

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

PUBLIC HEARING – Placer County, Mental Health Services Act (MHSA) FY 2016-2017 Innovations Five-Year Plan and Expenditure Reports

Theresa Thickens, Chairperson of the MHADAB called the Public Hearing to order at 6:22 p.m.

- The MHADAB's role is to hear public input on the MHSA FY 2016-2017 Innovations Five-Year Plan and Expenditure Reports.
- No public comment received at meeting.
- Maureen Bauman reported on the one comment received from Sierra Native Alliance, prior to tonight's public hearing, with concerns related to the change - targeting those homeless adults without children and families.
- Briefly reviewed changes being made with the Mental Health Services Oversight and Accountability Commission (MHSOAC).
- Reviewed the things that will be clarified including strengthening the safety net for people that are chronically homeless in Placer County, identifying and measuring system change level.
- Placer's percentage of chronically homeless is above both the state and national average at 45%, California is at 24%, and nationally it's at 14%.

- Chronically homeless is defined as four homeless events in the last three years.
 - Reported on the many homeless efforts being made: Full-Service Partnership program (FSP); Right Hand Auburn; Gathering Inn; Church of the Mountains (warming center in Tahoe); general fund used to fund four officers, two masters-level practitioners, and housing coordinators; and the recent award of the Whole Person Care initiative.
 - While Placer County does "collaboration" very well, we need to make sure the MHSOAC understands that this effort is bigger than collaboration - this is to systemically put something in place to better coordinate our efforts.
 - The goal is to drill down and get to an actual data exchange – data on the people we are targeting so we have a better understanding of what needs to happen and make a coordinated plan (measuring our effectiveness as a collaboration).
 - Public Hearing concluded at 6:37 p.m.
- ❖ **Guest Speaker: Curtis Budge**, ASOC Program Manager, presenting on SB 82 – Mobile Crisis Triage
- Provided a PowerPoint presentation on the Mobile Crisis Triage (MCT) program (hard copies distributed).
 - Mr. Budge provided a brief background on the Mental Health Wellness Act of 2013.
 - MCT strives to enhance the mental health crisis services.
 - Reduce rate of psychiatric hospitalization.
 - Serve those 16 years and older in Placer County.
 - Reduce hospitalization to resolve their crisis.
 - Use natural supports – friends, family and others.
 - Provide referrals and linkages to necessary resources.
 - Place emphasis on family input – focus on talking to those who know and have history with the individual, which brings more value to the conversation.
 - Provide follow-up services and brief therapy, hold their hand for a little bit (as long as it takes), to get them connected to where they need to go.
 - Respite housing (grant funds) - ASOC partially funds a 5-bed crisis respite home called the Monarch House. It is up to a two-week week program where they can continue to make it through their crisis. It is strictly a consumer-run home – no doctors or nurses on site. FSP and/or crisis response team members visit the home to provide services.
 - MCT teams are made up of a clinician and a consumer Peer Advocates (PA), pairing up to respond in the community (funded for three teams).
 - The MCT partners with law enforcement agencies to respond to calls.
 - Law enforcement partnerships include: Placer County Sheriff's Office; Roseville, Rocklin, Lincoln and Auburn Police Departments (through Memorandums of Understanding).
 - Services offered Monday through Friday from 8:00 am – 10:00 pm and Saturdays from 10:00 am – 7:00 pm.
 - Reviewed results in fiscal year 2015-16.
 - 627 served, 67% of MCT service recipients avoided hospitalization.
 - Average response time to scene is 26 minutes.
 - Cost savings with the model being used.
 - Follow up with a client satisfaction survey – responses are mainly from the recipient of the services.
 - MCT responds to many areas, e.g., homes, hospitals, clinics, parking lots, schools, etc.
 - Hospitalizations are down.

Secretary/Treasurer's Report

- Approval of the November 14, 2016 Regular Board Meeting Minutes.
Geoff McLennan made a motion to approve the minutes as distributed, Sharon Stanners seconded. Motion carried.
- **Approval of Treasurer's Report - \$1,500 - Amount budgeted for Fiscal Year 2016-17.**
Expenditures for the month of November include: \$42.02 – catered meal, leaving a balance of \$1,130.38.
Geoff McLennan made a motion to approve the Treasurer's Report as read, Sharon Stanners seconded. Motion carried.

Standing Committee Reports

- ❖ **Executive Committee** – Theresa Thickens
- Reviewed and approved the contract with Nevada County Behavioral Health for Crisis Stabilization Services (*discussed in more detail under New Business*). The contract was not received in time for the full Board's review and approval.

❖ **Alcohol and Drug (AOD) Committee** – Sharon Stanners

- Marie Osborne reviewed test calls and what types of calls are needed. Four members in attendance, divvied up the calls, two calls each: Adult Intake and the Children's line. Received guidance on outstanding things that needed to be addressed.
- New committee co-chairs: Stacci Filla and Geoff McLennan will co-chair.
- Discussed site visits.
- Mr. McLennan reported receipt of an email on site visits and also on internal reviews that occur at ASOC with providers.

❖ **Children's Committee** – Sharon Stanners reported on behalf of Sharon Behrens

- Paul Cecchetti from Uplift Family Services shared information about the services, which includes counseling, wraparound services and also foster care and adoptions.
- Twylla Abrahamson talked about the upcoming changes and transitioning from group homes into foster families or resource families (deinstitutionalize).
 - Discussion included some of the issues related to the training that foster families are now required to complete.
 - Relatives who take in family members will have to be certified first, which poses some challenges.
 - Twylla Abrahamson will be presenting an update to this board next month.

❖ **Adult Services Committee** – Lisa Cataldo and David Bartley

- Lisa Cataldo reported (November meeting) the committee discussed future scheduling of site visits: Cornerstone, Farmhouse and Monarch House. Need to review specifics with committee members before finalizing details.
- Curtis Budge, ASOC program manager, provided an update on a new transitional supportive housing project (through an innovation grant) that is to be completed in 2017.
- Discussed future review of data for the Public Guardian team and Conservatorship and an upcoming presentation by Cyndy Bigbee, ASOC program manager.
- Continued discussion on the Family Integration Plan with Curtis Budge.
- Received information from Mr. Budge on the new grant application request for the MCT services, as it ends July 2017.
- David Bartley reported that Curtis Budge, as a standing item and regular attendee, provides a review of intake numbers – number of services calls, etc. to get an idea of the actual services being provided to adults in Placer County. The committee has been able to glean much from the information and how the services are filtered down and the efficacy.

Board of Supervisor (BOS)-Representative

❖ Supervisor, Jim Holmes reported on the following:

- Homelessness issues – the BOS was given direction to expand the number of parcels that can allow emergency shelters. Mr. Holmes reported on the issue within the City of Auburn and discussion of shelters in North Auburn (near airport) and the special city council meeting held with the Auburn Airport Land Use Commission, which agreed no emergency shelter will be located at airport or in North Auburn.
- Medical marijuana ordinance – in June, the BOS gave direction to allow only indoor grows with no more than six plants.
 - In October, the BOS changed the ordinance to no more than six indoor or six outdoor, noting the resident has to live on the property or the tenant has to have approval from the landlord and no more than one resident per property.
 - Discussed cottage industry, which allows grows up 2500 sf (only medical marijuana).
 - Forming a work group to look at all the aspects of medical marijuana. Taking measured steps to see how to move it forward with a conservative approach.
 - Not allowing any commercial grows for recreational purposes.

Correspondence and Announcements

❖ Theresa Thickens reported on the following:

- MHADAB application for Greg Cirillo and Tony Allinger is slated to go to the BOS in January.

Director's Report

❖ Maureen Bauman reported on the following: *(Hard copy distributed)*

- MHSA Housing update – the BOS gave approval to enter into an agreement, a six-month due diligence process. MHSA dollars (\$2.1 million project) will be used to purchase a 20-unit residential multi-family apartment complex - 18 studio units for seriously mentally ill individuals.
 - Seriously mentally ill (ASOC's priority population) defined as those with schizophrenia, major depression, bipolar disorder, etc.

- Independent supportive housing not transitional.
- AMIH (Advocates for Mentally Ill Housing) will be the owner.

Unfinished Business

- ❖ Recruitment/Visibility (*Standing agenda item*)
 - There are two applicants going through the approval process with the BOS.
 - Requesting the committees continue with outreach efforts, soliciting membership.
- ❖ Member Handbook Update
 - Plan to have the modified handbook ready for the mid-year committee report in February.
- ❖ Ad Hoc Committee Update
 - Sharon Stanners reported on the MHADAB Policy and Procedures for all community-based visits and the inclusion of that related to visiting the BOS.
 - Ms. Stanners and Maureen Bauman drafted the applicable section at the bottom of the form (distributed).
 - Suggested site visits begin at the committee level.
 - Recommended taking the MHADAB brochure and business card with you to educate the staff about the MHADAB.
 - Members requested to review the form, send comments to Sharon Stanners with plans to bring back to next meeting.
- ❖ Review FY 2016-17 Budget (System of Care)
 - Maureen Bauman provided the Health and Human Services' budget, with priority based budgeting and the program description detail for each division.
 - Theresa Thickers requested members review and bring back questions.

New Business

- ❖ Homeless Update
 - Previously covered the new initiative and housing.
- ❖ Executive Committee Approved
 - ☐ Contract with Nevada County Behavioral Health for Crisis Stabilization Services.
 - The contract went to the BOS December 6, 2016 and was approved by the Executive Committee.

Board Member Comments

- ✧ Geoff McLennan reported on his attendance on the Beautiful Minds program.
- ✧ Dianne Wierenga reported that the senate passed the Special Needs Trust Fairness Act, which will allow 18-64 year olds, who have capacity, to do their own special needs trust. Also, the Gathering Inn has their own boutique, selling mostly women's clothing and jewelry and is located next to Ross in Roseville.

Public Input

- ✧ Katrina Copple reported the Wellness Recovery Action Plan workshop (December 8 and 9) had seven participants and seven graduates.
- ✧ Katherine Ferry reported on her first Consumer Council meeting, receiving fabulous feedback. Trying to get more people involved. Contact me if you know someone who is a client of the ASOC (or has been recently) that might like to participate in a focus group to talk about and provide feedback on the services they've received. Next meeting has not been scheduled but will take place in late February. Ms. Ferry will bring flyers to the next meeting.

Adjournment

- The meeting was adjourned at 8:06 p.m.
- Monday, January 9, 2017, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, January 23, 2017, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board